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- A PEW research poll from January 2016 showed 59 percent of Americans crave spiritual peace and well-being.
- A 2009 CBS poll showed 78 percent believe in the afterlife; and there are currently three hit TV shows exploring mediumship (*Long Island Medium*, *The Hollywood Medium*, and *Monica, the Medium*).
- This is the only guide combining grief counseling, spirit communication, hypnotherapy and regression, shamanism, and energy exercises to empower readers on their spiritual journey.

Soul Conversations

A Medium Reveals How to Cultivate Your Intuition, Heal Your Heart, and Connect with the Divine

AUSTYN WELLS, GC-C

Soul Conversations reveals how you can tap into your soul's wisdom, connect with the universe, and communicate with loved ones and guides in the spirit world. Drawing on the author's extensive training and experience, you'll learn how to develop intuition, cultivate your "soul senses," and create a personal spirituality that interweaves the invisible world with the everyday fabric of your life.

We are all connected—to each other and to an infinite intelligence that some call spirit, source, universe, or God. To come to the understanding that we are spiritual beings having a human experience, we must reacquaint ourselves with our very essence, or soul. This book invites you to embark on that magical journey and explore the eternity of the universe within each of us.

Written by spiritual medium Austyn Wells, *Soul Conversations* is the first guide to offer practical tools based in grief counseling, spirit communication, hypnotherapy and regression, indigenous medicine, and energy exercises to help you align your everyday thoughts and actions with your deepest wisdom for a soul-centered life. Drawing on the author's extensive training and experience—including training in shamanism, as well as years of working with other souls seeking similar illumination—this book will help you:

- Explore the illusions and truths of self, and honor the oneness of dark and light
- Discover the "soul senses" and how they connect you to universe and spirit world
- Explore soul-to-soul communication with loved ones, animals, and spirit guides
- Strengthen your connection to nature and with divine guidance
- Deepen your soul presence in self-care and relationships And much more!

With the meditations, activities, and experiments in this unique guide, you'll create a bridge to the invisible world and move toward living a more authentic, soul-fulfilling, spiritual life.

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Soul Conversations

A Medium Reveals How to Cultivate Your Intuition, Heal Your Heart, and Connect with the Divine

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AUSTYN WELLS, GC-C, is a spiritual medium, grief counselor, and “soul gardener” who empowers individuals to create soul-centered lives. She combines intuition and mediumship with shamanism, energy medicine, and sacred ceremony. Wells developed the Divine Spark Cards®, which assist both developing mediums and grief counselors to inspire healing conversations with their clients; as well as the Divine Insight Cards®, which assist anyone who wishes to listen to the wisdom of their soul. She is featured in the book *Seeking Jordan* by Matthew McKay, and in the Amazon book *Trust Within* by Molly Carroll.

“Austyn Wells is both a teacher and student of life in her practice as well as this book. In order to help raise YOUR awareness, she shares her journey, abilities, and insights. *Soul Conversations* is a guide for living an intuitive life.”

—John Edward, psychic medium

“In a world that is drowning in information yet hungering for genuine wisdom, Austyn Wells’s remarkable book *Soul Conversations* emerges as a guiding light from a higher perspective to show us the way back to meaning, balance, and connectedness in our lives. Having seen far beyond the scope of the human mind and explored realms that most of us cannot imagine, Austyn teaches us how to recognize and nurture our own Souls so that we can live with greater purpose, courage, and love. Through compelling stories of communication beyond the physical plane, descriptions of the energetic tools available to us, thoughtful writing exercises, and illuminating guided meditations, *Soul Conversations* offers a unique curriculum for spiritual evolution that is both profound and simple in its clarity. If you long to connect with a loved one who has died, to know the essence of your own True Nature, to find the purpose for your earthly existence, or to expand your consciousness, *Soul Conversations* can guide you on your journey and provide you with insight and inspiration. This highly recommended book should be both the first and the last text you read as you travel through this human existence.”

—Karen M. Wyatt, MD, hospice physician, spiritual teacher, speaker, and author of the award-winning *What Really Matters*

“I have followed Austyn’s work for years, and am delighted to see that her wisdom and insight will now reach more people by way of this beautiful book. She is a truly inspired teacher with extraordinary skills; deep, heartfelt compassion; and the highest possible integrity. The book is a must-read for anybody interested in the soul’s journey.”

—Rev. Terri Daniel, MA, CT, certified in death, dying, and bereavement; founder of the Association for Death Education and Counseling (ADEC) and The Afterlife Conference

“Medium, mystic, healer, and shaman Austyn Wells shares her knowledge and opens her heart so you can have a conversation with your soul, and walk your own unique and powerful path with grace and ease. You will LOVE this simple and clear, yet in-depth road map to exploring your soul! You will learn something new, resonate with her stories, be pushed and gently prodded, and be inspired and touched. *Soul Conversations* is a must-read for anyone who wants to dance with miracles and magic, deeply contribute to this world, and know the love of their own soul.”

—Linda L. Fitch, internationally recognized shaman, teacher, and coach; former CEO of the Four Winds Society and dean of its Light Body School of Energy Medicine

Praise

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